



MODIFIED RULES

PRIMARY:

- This is a learning environment, all matches shall be non-competitive, no finals are played and therefore match scores are only to be used for grading purposes.
- Normal netball rules apply (other than variations listed in the by-laws)
- Up to 12 players may be used with all players participating in 1 quarter.
- All players to rotate. Every player **MUST** play 2 quarters of the 7 court positions in a season.
- 4 x 10 minute quarters with 2 minute breaks are played.
- If an opposition team is short of players, you are encouraged to loan spare players to give them extra playing time.
- Each participant in the competition will receive a certificate of participation.

NETTA:

- Goal posts are lower (2.4m or 8ft) in height.
- Size 4 ball is used, made of material and pumped to the correct inflation in accordance with EDNA by-laws.
- 4 second possession - After catching the ball it must be passed within 4 seconds.
- Minimum shuffling allowed – Allow shuffling on the spot to gain balance before throwing, without gaining ground down the court.
- One-on-one defence in all areas on the court– Each player may only be defended by one player.
- May defend an opponent with the ball from a distance of 1 metre including opponent shooting for goal.
- Up to 12 players may be used with all players participating in at least 2 quarters
- All players to rotate. Every player **MUST** play 4 quarters of the 7 court positions in a season.
- 4 x 10 minute quarters with 2 minute breaks are played.
- This is a learning environment, all matches shall be non-competitive, no finals are played and therefore match scores are only to be used for grading purposes.
- If an opposition team is short of players, you are encouraged to loan spare players to give them extra playing time.
- Other than the variations listed above and in the by-laws, normal netball rules apply.
- Each participant in the competition will receive a certificate of participation.

COACHES:

- The coach should coach the skills of netball to the appropriate level of the development of the child in an encouraging manner.
- One person per team, nominated to and recognised by the Umpire(s) as the coach, may coach players during the playing time of the match.
- The Coach may walk up and down the side lines, but not behind or around the goal line(s), also known as the “base line(s)” at either end of the court to instruct players. (Never on court)
- Coaches whilst walking the side lines must give officiating umpire(s) clear passage around the court.
- The Coach is not to shout instructions to their team when directly behind an officiating umpire.

UMPIRES:

- Are to use simple language and to explain decisions.
- Are to adopt an encouraging and pleasant manner at all times to ensure an open and free flowing-game - particularly in the setting up of penalties and throw-ins.